

August 28, 2020

Important Reminders:

- *transportation limited planned with purpose*
- *limited arranged access to Building.*
- *BC remains in a state of Emergency. Realm continues to work with our Phase 2 plan developed with direction from PHO, WorkSafe BC and CLBC.*
- *activities for individuals are planned and arranged with consideration to health, priority to critical need, necessary activity, and desired wishes. This correlates to the service type that we have the referral for and have been directed to with everyone by the person themselves, their support team and CLBC.*
- *Although the activities have not returned to pre-covid, we are working continuing to build experiences that are similar and can be delivered within the guidelines that we have. These guidelines apply to both the persons supported and giving the support*

Hello,

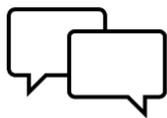
Last month we sent out our Phase 2 update outlining the steps and procedures that we were putting in place moving into our 2nd phase. So based on that , this is both an update and reminders of plan and how been moving forward.

- *pods have been developed and enacted. Everyone has met both their pod leader and the team.**
- *appointments have been booked with personal profiles conducted to create each person's unique plan of service. This plan supports the pod team in moving forward in increased, directed and planned service.**
- *the operational staffing team has been recalled and is now back to work.**
- *scheduled and planned appointments have resumed in the building allowing individuals the chance to have time in the building to work directly with their one to one person.**
- *we have hosted 2 socially distanced meals. These events have been well received and will continue so stay tuned.**
- *we have hosted a movie night in the parking lot-another planned and socially distanced event.**
- *virtual events continue, as does contact through the phone, facetime and virtual meetings.**
- *staff continue to develop plans and activities for individuals reflective of goals, purpose and need.**
- *welcomed new staff members to Realm Team.**

Important to Note:

Services are as individual as the person receiving them!! We have always worked with Person Centered practice and during COVID we have ensured that this practice is in place.

Please feel free to contact us directly anytime.



Commonly Asked Questions:

Q: I saw a Realm DSP transporting a person but you are not transporting me/or an individual, Why?

A: Transportation is provided in a very limited way right now. It depends on the the reason, the planned activity and the amount of time needed as well as the ability maintain safety for the driver as well as the individuals. Transportation is looked at individually and reflects need, purpose and organized activity.

Q: Why do I need to wear a mask?

A: It is Realms policy for everyone to wear a mask when safe social distancing can not be maintained. This will mean when working one to one, in the community and in the building. If you are having transportation supported by us it will be essential. If you are a person who has a difficult time with masks we will support you in taking a break etc. but face covering is an essential part of our serive now, and we will be expecting this to be followed.

Q: When will there be groups again?

A: Realm will not hosting groups in the way that we once did until there is a vaccine or group immunity. We will be planning and hosting socially distanced and scheduled events, having small gatherings within pods and hosting virtual group meetings and activities. Persons that received support from attending groups will have one to one visits and activities offered through the pod that they are in. We ae working to create more expereinces for everyone, but most service will be delivered in the form of one to one visits.



Q: Where can I go with Covid around?

A: Everyone person and every business is practicing all the recommendations from PHO-Dr. Bonnie Henery, which means that every business, organization and public space is working with guidelines. It is important that you find out what each place needs for you to know so that you can go there. It might be important to think of the places that you would like to go and find out the information.

Q:When can I stop wahing my hands all the time, santizing, wearing a mask and social distancing?

A: When our Province has been told that we are no longer in the state of Emergency or if there is a statement made about Community immunity or a vaccine will we stop these practices. All of these actions are things that are part of our new normal and keeping ourselves, our families and friends, the community and essential workers safe.

Q: What Can I do at the Realm building?:

A: When you work with your DSP to book time at the buildng, you can discuss and plan activities that you can use the space for. You may choose to work on a project, use the computer, prpeare a snack or meal, listen to music etc- it depends on the amount of time you need and what you are interested in. You need to work with your DSP to make plans around this.

Q: Realm Idol and other big events, will thye happen?

A: Big Events that people enjoy are still important to everyone in the Realm Community. We will need to work to find ways to host these events so that we respect the the guidelines put out by PHO, but can still let everyone participate in the event. This may need to be virtually or in smaller socially distanced groups. We will keep working to figure out how to offer this and other important events for people.

Q: If Realm is not having groups why are you hosting Events that are having groups of people attend?

A: The groups that Realm is not hosting/having are the every day interest groups that met regularly and were conducted with facilitators at regularly scheduled times. Realm will be and have hosted some Events that have brought people together in small numbers while being socially distanced. The Events are planned and arranged in advance through invitation and are scheduled with pod participants in mind (food events) with an assigned time and schedule of attendance. These events are scheduled so that preparations are made in advance to ensure that all precautions, pre packaging etc are handled. Through the invitations, the numbers of participants, their needs and their pods are all known and considered to maintain the guideline details.

Q: Why do I have to make an appointment to come to the building? Why can't I just drop by or access it when I want to for as long as I want to?

A: Appointments are needed for a variety of reasons.

- 1. There is only a certain number of persons allowed in the building at one time.**
- 2. Due to different health concerns for both individuals and the DSP team, we need to consider who will be in the building, the amount of time and what the purpose is. We have pod designations for this reason.**
- 3. Sanitation needs to happen after every visit. We need to allow time to carry this out.**
- 4. Time limits are given based on the activity as well as the amount of others that need access to the building- long stays are not encouraged, and again all arranged times are based on need and purpose.**