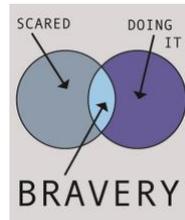




April 25, 2020



***“ You Wake up every morning to fight the same demons that left you tired the night before,  
and that my, love is bravery”-unknown***

Since my last blog post, we have been thrown into and unprecedented pandemic. This of course has meant so much change for all of us. It means changing so much of those things that we perceived as normal and although changing our views on situations is not something that we should not do with regularity like spring cleaning, but these changes brought forward are not like this-COVID 19 is the demon that follows us from the moment that we wake until the time we tuck in at night, making us face a ongoing war with unseen deadly enemy, that attacks and takes away the preciousness of life in the worst scenarios. It creates fear, anxiety and a loss of the sense of safety. Of course these feelings are out there for all of us daily, but in our profession, the persons we support are experiencing this 2 fold, and it becomes our role to continue to provide what we can to lessen anxiety, offer support in the ever shifting landscape and offer the most safety that we can. It means that we have altered the way that we approach the days tasks, offer activities and provide the essentials-and we do this despite the fear that we have, the worries that we carry and the enemy we face!

**Dsp’s do this every day because you care, you are brave!**

**You are Brave, creating safety where and how you can!**

**You are exhibit Bravery as we hold the line and wait to create the new normal!**

**You are Brave because you show up and do what you do.**

**You are Brave committing to doing what matters.**

**Please know how much you matter, Thank you so much or who you are and how you care. Stay Realmtastic - Kerry**