



March 28,2020

Weekly update on Covid-19 from REALM

For Friends, Family, Home Shares and Advocates

Our aim as an Organization that is considered Essential Support is to continue to offer these Essential Services that are meant to be supportive while maintaining the Health and Safety of everyone.

We want to acknowledge the hard work everyone has been doing, the care that they have been sharing and the calmness they have been instilling for the persons we support. We recognize that this is a difficult time for everyone, and this essential work and your commitment to it is fantastic!

Thank You



We continue to monitor information that is being provided daily from Health BC, The Province of BC, CLBC, BC CEO Network and trusted News agencies to stay abreast of all the developments that are occurring as well to ensure that we are complying to the Best Practices that have been outlined.

We are currently working under the overall guidance of the Provincial health officer who have two main goals for all citizen in BC currently: protection of the most vulnerable in our society and flattening the curve of the disease. So all of the best practices that we are currently using as well as implementing are in line with these guidelines. As there becomes further changes or suggestions we as mentioned previously will adjust accordingly.

To everyone who had been flexible with the changes to their schedules  and the changes to their

times , and type of work , and their activities and groups . We know that it has been

hard, and it will continue being hard.  but it is important that we keep doing this to keep everyone

safe  as well to understand that the things that we are being asked to do- social distancing 

 ;  staying home, keeping track of symptoms , and using good hand hygiene .

We need to do these things because they are good practice, but they are now considered the law 

The DSPS at REALM are working to stay in touch with everyone- we are using different ways of doing this at this time: telephone ,  texting,  emails, and the check ins for groceries , medications  personal hygiene , personal business  and for those that live alone meal delivery  

We will be working this week to offer some more activities on line , over the phone  and on FaceBook.

We are not having anyone at the REALM Building  except for the REALM DSPs . This is to limit the exposure to everyone.

We are working hard to stay in touch and to keep everyone safe. This will be an ongoing situation that we will need to monitor weekly. We will be having our team members who are assigned to you stay in touch and listen to what you maybe needing; this is for Advocate, families and home share providers. **Although we won't be working directly in your homes- we can help with things that you may need that we are able to do in the scope of being essential service.**

An important thing that we will be talking  about with everyone is what do you have plan to do if you get sick or someone in your family gets sick. We won't be asking because we have solutions but because we want to be helpful in the ways that we can. It also lets us know what information or resources that we can share with you. So please be prepared to have these conversations with some of our DSPs.

We also will talk to those of you that need support in shopping  about how we are supporting you with this; we will introduce a form that you and the DSP will sign so that you both will have the same information about the money/card and shopping plan.    This is will make everything clear about what we did and what was agreed on by the two of you 

Its important to know that we are not driving people in our cars-   so if we offer to have visit we will be suggesting a walk  This is also the reason we will talk and decide with you about groceries and medications.

We want to again say Thanks you to everyone that is working hard to stay safe  during this very serious tiem of emergency.

Please stay in touch with us. REALM for now is having persons to take calls in the am 9-12 Mon-Fri, and some of the DSPs will be shaing their informatin as well. **Please Please stay in touch and Please Please take care and stay safe!!!!** 